

STARGAZING

with Elizabeth Joyce

JANUARY / FEBRUARY 2007

The Full Moon in CANCER on January 3rd brings in the New Year, which begins lighthearted but also brings time to ponder your options and think through opportunities that come knocking at your door. This Full Moon could add to your Holiday pressures if you have neglected to take care of some simple needs regarding your health or home.

The New Moon in AQUARIUS on January 18th prompts you to reach for a higher level of personal responsibility in all that you do. Be careful of misunderstandings while you open your mind to new opportunities as you look at the big picture.



CAPRICORN: Polarity: Feminine Sign: Cardinal Element: Earth Planetary Rule: 10th House/Pluto Body: Knees, bones, joints FOCUS I use.

THE PERSONAL SIGNS

ARIES (3/21 - 4/20)

As January opens you get ready to rock 'n' roll to make a mark with your career. You'll gain momentum as the month moves along with your peak at the Full Moon on January 18th. Begin on January 3rd to shed those Holiday pounds. Set a new and courageous exercise and nutrition routine. Increase motivation and the potential for success by joining forces with family members or friends. Slow down your pace the last five days of January when you are encouraged to step out of the social whirl and get some down time. Friendships and relationships are strong themes this month. Welcome new people in your life and visit your long-term friends, but be prepared for some ups and downs as some delight you while others disappoint you. A close relationship will give you more questions than answers and January is not the time for any commitments, Aries.

TAURUS (4/21 - 5/21)

Finances may become an issue as the New Year opens, especially concerning any shared

resources. Seek an expert's advice if you and your partner need help with debt management or even basic money matters. It is also possible that you need to assist an elderly relative. If you are expecting an insurance settlement or an inheritance, be prepared for some hurdles to jump over before everything is finalized, but be sure to stick with it. Fitness can be a challenge during the winter months when cozy nights at home are more comforting than an exercise workout. Try an alternative. Ask several friends to join you during lunchtime for a brisk fifteen-minute walk several days a week. It's a great opportunity to get to know each other and to develop supportive relationships. You will enjoy communication with many people near and far. Romance could develop through a friend or someone you met through your career. If you're committed you will enjoy your partner's support, especially when some other family relationships may become a bit difficult.

GEMINI (5/21 - 6/20)

Communication is a challenge for you as the New Year opens, Gemini, primarily mid-month and as January comes to a close. Mix-ups and misunderstandings are likely, but on a deeper level you'll ask questions as to how to mesh your values with someone else's. You will also want to be careful about what and whom you believe. Some people stretch the truth while others might try to intentionally steer you off course. Ask questions and be especially wary in legal and financial matters. There is little you'd like better than to be able to take off for a fun filled winter vacation. This is not the best idea now. Delays, hassles and cancellations can erase any potentially positive stress relief. Find an alternative, such as crafts, a decorating project, or a hobby class to stimulate your creativity. Do not allow the January blahs to stop you from doing your exercise routine. Some singles make a love match around the 9th

when your social life gets a boost.

CANCER (6/21 - 7/22)

January's hotspot is your finances. Curtail your spending the first half of the month so that you will be ready for the unexpected expenses that crop up the last two weeks of the month. Although you will see more money go out, whatever you need will more than likely be there when you need it. This is not the month to apply for a loan or run up debt. But with a little luck, which you will have, you might even earn a raise or a bonus. Think prosperity! You can succeed with any fitness program that you launch on January 3rd, when the Full Moon is in your sign. Begin slowly, though, because you will have the tendency to push yourself too hard. Besides being good for your body, physical activity can help you to better manage stress during this very active and fast-paced work period. You are drawn to people now, and they like you as well. Devote extra hours to loved ones, your partner, and close friends. If you are ready to take a love relationship to the next level, the New Moon can trigger talk of a commitment. Passions are high, but a conflict is possible, so also know when to back off. The pace eases for you as February opens.

LEO (7/23 - 8/22)

Close relationships test your people skills with loved ones and people on the job. Misunderstandings are likely and it is all too easy to jump to conclusions. You may question the future of a romantic relationship, but if fear of commitment holds you back, talk can help you identify the reason why. A business partnership can prompt similar thoughts, if in doubt and if money is involved, listen to your common sense. Carefully check credentials before you consult with a professional. If all those holiday treats were irresistible, or even if you are one of the few who said "no" to temptation, focus your

attention on your physical wellness. Resolve to get in shape, emphasize nutrition, and manage your stress levels in 2007. With only a little effort and determination you can adopt new habits and a healthier lifestyle. Singles searching for romance could match up with their Soul Mates around the 15th. Passions will be high for those already attached, who delight in intimate moments at home. With all the stress and strain affecting even the best relationships in January, open communication is vital. If a new job is your goal, send out resumes at month's end.

VIRGO (8/23 - 9/22)

As January opens, the focus is on work for you workaholic Virgos. Many days will be rewarding, while others may become puzzling and frustrating. Fortunately you will come out ahead by month's end. Be selective if you are offered any projects or extra responsibilities. More is not necessarily better, and being too optimistic could prompt you to take on too much. Co-worker relationships could be strained at times, and it is even possible that someone cold intentionally mislead you. Be aware and protect your interests. This month's heavy work load makes scheduling time for yourself especially important because it will be easy for you to get run down, which can make you vulnerable to a cold or the flu. Put sleep before your social life and try to reserve weekends for home life and hobbies, while relaxing and dropping the stress. Even if time is limited, try to squeeze in a get together with close friends the first week of January. Besides being a good balance for those long hours of work, long talks will give you fresh insights into life and love.

LIBRA (9/23-10/22)

Your love life will have its ups and downs in January, especially in the last two weeks of the month. You'll cherish the romantic moments, but if you're single, listen to the doubts raised by your inner voice. It is also possible that a friend could disappoint you while another might need your help. If you're a parent, your children could need some extra care and understanding. Get more involved with their lives and be sure to meet their friends. Set your creativity and imagination free as you greet the New Year. Take a class to learn or perfect decorating techniques or hobby skills. Then present a tangible work of art such as a room re-do, a family scrapbook, or a home office. Great ideas and concrete results will be most satisfying. Keep up with good exercise routines, nutritious meals, and get enough sleep, Libra, to ease those romantic stress levels. Avoid allowing the January blahs.

SCORPIO (10/23-11/22)

Plan ahead for activity, stress and change during the first month of the New Year, Scorpio. You'll be stretched thin the last two weeks of the month when domestic and career responsibilities demand equal attention. The catalyst

could be weather or water damage, icy snowstorms, and a major need for home repair. Be alert and check your home daily for potential problems. If you want to begin a remodeling project or a home-based business, make a wise decision. Postpone it until the second half of 2007. Launch the New Year with a relaxing winter getaway where you can enjoy winter sports, travel and learning. If time is impossible take a fun class to satisfy your creative urges. Learn a new sport or master some new skills. Family and other close relationships are both frustrating and uplifting, confusing and enlightening. Each brings a learning experience in human nature and self-understanding if you allow yourself to go with the flow and let events unfold at their own pace. You are inclined to do some entertaining at home this month. If interested in getting that promotion, be sure to get all the facts first. A step up may not be worth relocating for it.

SAGITTARIUS (11/23-12/21)

Your thoughts are both practical and creative, buoyed by optimism and enthusiasm. Yet it's also easy to lapse into wishful thinking or to become disillusioned when events differ from dreams. Pursue your vision with a realistic outlook and have faith in yourself and your abilities. On another level, be cautious about what and whom you believe. If it sounds too good to be true, it probably is. You know more than many that self-knowledge brings power so follow that lead and make it one of your top goals in 2007. The more you learn about yourself the better equipped you'll be to acquire wisdom and practical information. Take the initiative to socialize and meet new people, and don't hesitate to get things started if someone else catches your eye. Family life comes into full focus at month's end, which brings a positive influence for time with loved ones, cozy evenings with your partner and entertaining at home. Your financial efforts bring gains throughout the entire year.

CAPRICORN (12/22-1/19)

Although finances are up and down all month, you are more than likely to wind up in positive territory by month's end. You'll want to emphasize common sense even though yours is one of the most practical, financially savvy, and security conscious signs. Think before you spend, avoid anything that sounds too good to be true or a promise of a guaranteed return. Protect your valuables. You might also want to take a look inside those nearly forgotten boxes in your attic and closets. Inside one of them could be a long-forgotten treasure, such as an heirloom or collectible that's worth big bucks. Take thirty minutes or an hour, or whatever time you need, to unwind each evening at bedtime. Otherwise getting a restful night's sleep could be tough. Listen to some quiet music, meditate with some ocean sounds, but do not go to bed just after listening to the evening news. More than ever, success is directly linked to you and your goals. You are in the symbolic start of your new solar year, so think and plan positive.

AQUARIUS (1/20-2/18)

January inspires new directions by encouraging you to focus on your needs and interests. Relationships cover a broad spectrum from confusion to inspiration to regret to optimism. Ultimately though, you'll learn a great deal about yourself and the power of projection - seeing yourself reflected in the eyes and actions of others. Benefit from the learning experience each relationship brings to you. Be sure to get that physical check up if you have not had one recently. Also give your lifestyle the once-over and proceed to change whatever needs changing, including your exercise routine and current diet. January is a positive time for networking and you are well prepared for a new romantic interest as well. You will have many fast paced weeks so make work a priority and set deadlines to wrap things up. Use the last few days of January to share your financial wishes and set positive conditions with the Universe about what could be yours in February.

PISCES (2/19-3/20)

Your inner voice is especially active this month, guiding you on the spiritual path of self-renewal. Listen closely to the messages, thoughts, ideas and feelings as you prepare to symbolically emerge into the wider world next month. On another level your sixth sense can be invaluable to you in your work life, which will be bumpy at times this month. Give meditation or yoga a try and renew your commitment to regular physical exercise. Yoga is an excellent way to calm you down, relax your mind and allow your subconscious to release its hidden messages to you. Dreams are another likely outlet for information, so keep a pen and note pad by your bed to record their messages. Review them the next evening to prepare for more. You are in the center of the social scene this month, Pisces. If you are searching for someone special, the first week of January could bring you your wish. A chance encounter at the bookstore, super market or bank could lead to love. Couples feel excited with this energetic sizzle! Your career life is fast paced and by mid-month you may receive recognition and the chance to step up in the world. Be careful at month's end when the work pace picks up, competition is stiff, and remember that not everyone is trustworthy. Be very selective about sharing information, even with those close-workers that you consider to be your friends.



Elizabeth Joyce is a natural clairvoyant. Her articles on alternative health care, astrology, soulmates, and psychic phenomena have been published across the country. She is a radio and TV personality, recently appearing on "Unsolved Mysteries" and "Beyond Chance" on the Lifetime channel. Elizabeth teaches Intuitive Awareness Classes, Flow Therapy and Meditation skills in Doylestown, PA. Contact Elizabeth at elizabethjoyce@phillyfitmagazine.com