

STARGAZING

with Elizabeth Joyce
November/December

The Personal Signs



ARIES (3/21 - 4/20)

November is a quiet month with routine challenges in your life. Although you may experience occasional domestic tension after the 15th as you prepare for the Thanksgiving Holiday, this influence is likely to be more internal than external. You may feel as though nothing is moving forward in your personal life. Instead of worrying and seeing this as an obstacle, relax, kick back and enjoy the holiday with your family and loved ones. Although this time of year isn't the best for travel, you could benefit health wise from a short getaway. Even if you stay home instead of heading out of town, the timing is perfect to strengthen ties with loved ones. Watch and protect your money and personal items carefully if you are on the road. If you're single, a new love interest could enter your life at month's end.



TAURUS (4/21-5/21)

You may feel that life has come to a grinding halt after the 15th because everyone is focused on preparing for the Thanksgiving Holiday. Expect plans, projects, and decisions to be put on hold, and do all you can to accomplish work before then. You may find yourself lost in thought the last half of November. It is time for some self-renewal as you slow your mind, tune out extraneous information and listen to your inner voice and intuition. This will help you manage your health along with periodic stress and frustration. You'll especially enjoy your family and loved ones over the holiday weekend. Take one step further and get acquainted with new people. Socialize with friends and neighbors. Watch out for some stress on the job at month's end. Cover your facts with back-up and documentation.



GEMINI (5/21-6/20)

Work and relationships bring you a few challenges this month, but nothing that a few precautions won't prevent or resolve. Try to stay on the sidelines if you see a power struggle developing. Be cautious of anyone who comes on too strong and tries to play up to your ego. Chances are, there's a hidden motive involved and one you want no part of. You will have the will power to lose a few pounds, or at least limit your holiday treats. A spa or gym membership might be a good investment, for your health as well as the opportunity to meet new people. Social events, dating, outings and warm get-togethers continue to fill your calendar. Close relationships, family, partners and friends are in focus over the Thanksgiving weekend. Although you can expect some minor communication rough spots, you can do a lot to smooth things over. Money is tight so be careful of your spending.



CANCER (6/21-7/22)

Life and events may not progress as quickly as you'd

like mid-month. Emphasize patience and curb frustrations, rather than attempt to get things moving. For whatever reason, now is not the time to push forward. Allow yourself to kick back, enjoy the Thanksgiving Holiday, and allow matters to develop on their own, at the universe's pace. Remind yourself to schedule your health checkups after the holiday weekend, especially a trip to the dentist. Besides peace of mind, you'll gain the incentive to adapt a healthier lifestyle as the Holiday Season opens. Holiday socializing moves into high gear, which can spark a new romance for many of you Cancer singles. It's time to plan to host a party. Plan a special weekend to honor yourself, your children, family and close friends as well as a get-together for extended family. Your career may be in a slow down phase, and if you are waiting to hear about a raise or job offer, it may be put on hold until early next year.



LEO (7/23-8/22)

Because you are an active fire sign, it may be hard for you to slow down your pace, Leo. That is your challenge for this month. You and the rest of the world will experience a slow down as projects, plans and decisions are put on hold. Save yourself some frustration; go with the flow and allow things to happen. Remember, it's useless to fight the universe, and doing so can impair your health. Begin to de-stress before bedtime as winter approaches. It is even more important now to take your health care a step further. Develop yourself from within and get in touch with your innermost desires and motivations. Be aware of what blocks personal success during this powerful process of self-understanding. You get the best of the Thanksgiving Holiday offerings; socializing at home and out and about. Romance and leisure may add more dates to your social calendar. You'll also want to revise, review and update various work projects before month's end.



VIRGO (8/23-9/22)

As the universe begins to slow down a bit, you are okay with the flow. You can show more interest and spend time with those you love, as well as work, and your own interests. What you'll find frustrating as we approach the Thanksgiving Holiday is the lack of momentum in many people around you that will delay projects, plans and decisions. Relax and do what you can to get things moving without causing yourself stress and strain. Journaling is a terrific way to work out stress, resolve personal issues, and explore your hopes and desires. It is satisfying and good for your health to express yourself, and this is a very personal and private way to do so. You spend cherished time with family and friends during the Holiday, and perhaps with some neighbors as well. Romance can find you at month's end. Praise on the job and a small raise may come your way as well.

**LIBRA** (9/23-10/22)

Projects slow down mid-month and you'll feel the strongest effect in your career life, where frustrations rises as projects are delayed and decisions put on hold. Your best bet is to accept the inevitable reality and let matters unfold in their own time and in their own way. If a new position is your goal, it is okay to send out resumes, but don't expect anything to develop much before February. A relaxing weekend getaway is a welcome and much needed break in the midst of the holiday season. Manage it if you can around the Thanksgiving Holiday weekend. If that's impossible, do an on-line search for potential winter vacation destinations, or sign up for Jami's Winter Health Retreat, to satisfy your urge for new horizons. Your powers of attraction are at their best from now through December, Libra. Make the most of this and plan to welcome your heart's desire into your life. You are popularity plus at social gatherings and delight in magical romantic moments with your lover. You could earn a raise or receive a financial bonus or gift at month's end, but beware of investment advice from a friend. Hang on to your cash.

**SCORPIO** (10/ 23-11/22)

Information is tough to come by after the 15th. Expect travel delays, confusion and unexpected cancellation of plans through the end of January. Also you can expect periodic slowdowns on the job, when projects lose momentum and decisions are postponed. Dream, set high goals, and be ready to launch new personal endeavors as you experience a new beginning this month, Scorpio. It's a terrific time to pamper yourself. Indulge in the royal treatment at a spa, or treat yourself to a coveted item. See friends early in the month because as the Thanksgiving Holiday approaches you may want to step out of the social scene until sometime next month. Plan evenings and weekends for two as love and togetherness kindle your famous passion. Time to take a close look at finances at month's end. If you have debt, try to create a plan to eliminate it, as well as to increase savings and retirement funds.

**SAGITTARIUS** (11/23-12/21)

You'll want to monitor expenses and keep a close eye on your budget from now right through January, Sag. This could interfere with the holidays a bit. Get creative and use your imagination to dream up ideal, yet inexpensive gifts for all but the closest in your life. If possible, put major financial decisions, including investments, benefits and insurance, off until early February. You'll probably want to spend more time alone, which may be good for your health at this time. You will get more rest and a slower pace can help to prevent a cold or the flu. Try to reserve some evenings alone by yourself in the midst of this busy social season. You'll have plenty of invitations to fill your calendar, but choose the best of the best and decline what doesn't interest you. Surround yourself with positive energy. This will help attract the same in return. At month's end you could spark a new friendship, job contract, or love relationship.

**CAPRICORN** (12/22-1/19)

Your close relationships will be prone to ups and downs between the 15th and the end of January. Family members may be more sensitive at times and need your reassurance. Choose your words with care to help prevent misunderstandings. Think before you react because first impressions can be based on assumptions rather than fact. With the Thanksgiving Holiday comes the temptation to put a healthy

lifestyle on hold. Keep that tendency in check with a healthy and important compromise. Sample everything, but focus on the nutritious food, and be sure to plan for at least moderate exercise. Get your holiday plans started early in the month before your calendar and everyone else's begins to fill up. At work, you can sail through some days, but others will require finesse and all of your people skills in order to keep things on an even keel.

**AQUARIUS** (1/20-2/18)

The workplace and communication fluctuates and at times grinds to a halt between the 15th and the end of January, Aquarius. This can delay progress on some projects, but what may frustrate you the most is indecision. Besides interrupting your work flow, you'll have difficulty motivating others to take action. Be flexible, visualize the outcome, and do the best you can. You'll want to take time to release stress and build-up associated with this energy. Don't overdo your exercising, because a sprain or a strain is more likely now. Keep an eye on your health, rest when you can, to avoid being susceptible to a cold or the flu. Take the necessary precautions. Since you'll want to see all of your pals over the Thanksgiving Holiday, consider hosting an open house, allowing you to become better acquainted with some co-workers. A step up is possible now with your career. Be patient as you are definitely viewed as an up-and-comer. You could also find some nice extra cash in your paycheck now.

**PISCES** (2/19-3/20)

Your social life slows down this month through the end of January, Pisces. You'll be more or less content with that, as your attention focuses on home and family. It is time to go within and motivate yourself to take a mental journey in search of yourself, your motivations, and what is holding you back. What you learn will be invaluable in the near future. The Thanksgiving Holiday is a delightful time for love and romance, as well as being with your favorite people. Stay away from controlling people and allow others to settle their own differences. Invite a few close friends over for a home cooked meal. Look forward to more work and career attention next month. Finances improve after the 8th and you can easily clear up any mix-ups or past debts by month's end and leisure may add more dates to your social calendar. You'll also want to revise, review and update various work projects before month's end.



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