

PHILLY'S FITTEST



Brian McEvily (#12) of Ursinus College during the Centennial Conference Championships



Kerrin Donnelly of Conshohocken at Ellis Training Center in Newtown Square



Derek French of Hellertown and Coleen Heffner of Birdsboro at Live Steel Fight Academy in Spring City



Phil Chebook of Lansdale at North Penn YMCA in Lansdale



Dancer Emily Todd of Upper Providence



Tom Greer, left, and J.P. Sneed of Old City Ironworks, Philadelphia