

guide to physical therapy and sports medicine



WISSAHICKON PHYSICAL THERAPY CENTER

5 W. Wissahickon Ave., Flourtown, PA 19031
 phone: 215-233-6145, fax: 215-233-6147, email: wissahickonpt@aol.com
 Therapist: Robert Epting MS, PT (managing Director)
 Krista Hylinski, MPT
 Specialties: Orthopedic/Sports Rehabilitation, Pre & Post Surgical Care, Fitness & Injury Prevention Programs.

At WPTC, we specialize in comprehensive one on one care, emphasizing hands on treatment. We utilize an evidence based approach to insure the most beneficial and timely outcome for our patients.

JOINT AND SPINE PHYSICAL THERAPY

Joint and Spine Physical Therapy is licensed to provide all physical therapy treatment modalities. Custom-designed "hands-on" programs are safe, effective, and targeted to the specific needs of the patient. At the end of a course of treatment, patients are functioning at their fullest potential, in as little time as possible. Conveniently located in Newtown Square, our facility consists of the most up-to-date equipment and technology used in rehabilitation. Joint and Spine Physical Therapy also develops sports specific training program to accommodate the needs of athletes. Introduction of proper stretching and strengthening routines reduce the likely hood of injury while improving the athlete's for a fierce competitor's game. For a free evaluation please contact us at (610) 353-7533 or stop by at 4647 West Chester Pike, Newtown Square PA 19073.



FREE CONSULTATION!

Use this coupon for a free evaluation of your current strength and flexibility and learn about our programs for physical improvement. Or receive a free consultation if you are recovering from surgery or have posture related pain.

Expires 10/01/06
JOINT & SPINE PHYSICAL THERAPY



EXCEL PHYSICAL THERAPY

MANY LOCATIONS/call for details
 420 Bainbridge St., Phila., PA 19147
 Phone: 860-88EXCEL website: www.excelphysicaltherapy.com
 Specialties: Sports injuries, general orthopedic, back/neck pain and work related injuries. What makes us unique: Therapists average over 10 years experience, one - on - one treatment with consistant PT. We are offering all PhillyFIT readers a free consultation on sports injury.

Nine Clinics in Philadelphia Area early morning and evening hours. Experienced Therapists Wellness Centers. Sport specific training programs.



DOYLESTOWN SPORTS MEDICINE CENTER

73 Old Dublin Pike, Suite 6, Doylestown, PA 18901
Phone: 215-348-0666 Email: info@dsportsmed.com

Specialties: Sports Medicine, women's health, post surgical rehab, sports specific training, Trazer Virtual Reality Training, Sportsmetrics.

What makes us unique: one-on-one treatment focusing on manual therapy.