



# Your Wedding Day Look MADE EASY

By Deborah Gavin, Fresh Hair Studio in Southampton, PA

With spring around the corner you can almost hear the bells ringing. Brides have a lot to consider when planning for the big day. Coming up with their ideal "look" is really one of the biggest challenges. Imagine pictures of you emblazed forever on walls and countertops of your family, and even worse... the in-laws photo gallery as well!

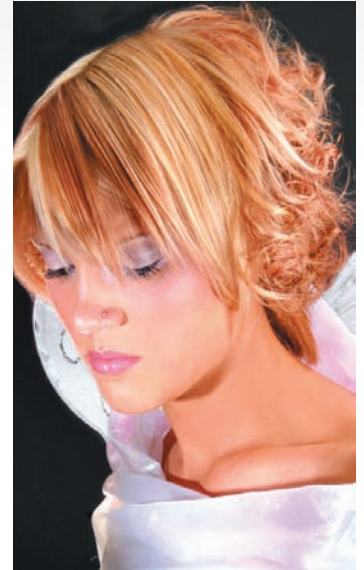
Well relax! The team at Fresh Hair Studio and Barbara G Make Up Studio and Spa have put together some easy steps to help you with that planning. With so many things to be done it's easy to feel overwhelmed, so here's a plan to be sure that you take the lead.

**THE VEIL** - So often you fall in love with a headpiece and your hair style is secondary. Remember that the veil should simply compliment your hair and dress, not take it over. That means you should work with your hair stylist first to get the "feeling" that you want for your hairstyle. Your make up should be soft, complimenting your own unique features. Maybe the feeling that you are seeking is soft or romantic, trendy or

tousled, it could be sleek, glamorous or elegant. Whatever you decide on it should be as individual as you are. Consult Bridal magazines, they are very helpful and full of fresh ideas.

Once you have discussed the emotion of the style and the look it will help to determine options and build the foundation for your wedding day style. Have a quick finish done the day you go headpiece shopping to really get an idea of how everything comes together.

Another important headpiece challenge is that they often do not fit well and can not be secured. Be sure to check the fit and then adjust at the Bridal Salon before you take your headpiece home. They will have the proper pins or combs that you will need to secure it efficiently the day of your wedding eliminating one more wedding day headache.





**THE TIMELINE** - Your first hair and make up consultations should happen about 6 months prior to the big day. From that point on you should keep your hair in tip top shape. It's a good idea to start getting facials and to also get on a good skin care regimen at this time. Brow shaping should be started at this point as well. Think engagement party, rehearsal dinner and bridal shower! At Fresh we recommend that you book your cut and color appointments every 4 to 5 weeks. Facials should be scheduled every 2 months. Brides tend to want to keep their hair color and shape soft but that does not mean that it has to be unkempt or grown out.

Have your trial run done about 6 to 8 weeks before your wedding day with your headpiece. It's a good idea to schedule your make up trial the same day to get a better idea of your complete look. Remember your camera so you can reference back to it. If you need to schedule a second sitting do so but relax, the trial should simply be a guideline.

**THE COUNTDOWN** - Now with the big day quickly approaching you really need to be on track. Have your color and shape done a week before, make it fun and bring a friend, or maybe just get some quiet salon time. Your final facial should be done at this point also.

It's nice to have your hair and make up professionally done for the engagement party and the rehearsal dinner also. Manicure, pedicure and wax the day before.

**THE WEDDING DAY** - This is your day and hopefully everything is in line so you can relax and enjoy being pampered. It is nice to be with your wedding party, so if you can schedule hair and make up appointments so everyone can come into the studio together. It can be fun! You will need to schedule these appointments at the 6 month point. Call and speak to the studio coordinator who can make that happen smoothly while placing each guest in the right stylists' and artists' chair.

Give yourself plenty of time to get home and dressed. We recommend an hour and a half from the time you arrive home to picture time.

Lastly, enjoy and make this special time as stress free as you can!

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